

Daily Dad

A DAILY DOSE OF DADDY

COURAGE

Ages 6–8

DOSE 4 OF 365

How do you feel today? Circle yours · Dad ★ yours

Be brave, even when you're scared.

Dad reads the start (Then you finish the story!)

Story time: It was Lamb's first swim lesson. The pool looked deep, and the water was cold. The other kids jumped right in. Lamb's legs shook. "I'm scared," she told Coach. Coach smiled. "Scared is okay. Want to try anyway?" Lamb took a big breath and...

What could Lamb do? (circle the brave try)

The water is cold.

Step in slowly or **Go home**

Her legs are shaking.

Hold Coach's hand or **Hide**

She still feels scared.

"I can do it!" or **Quit**

Finish the story (write a few words, then draw it)

My ending

Lamb _____

Then she _____

At the end she felt _____

Draw the ending

☆ Star it if it's a keeper!

LET'S TALK: When is it hard to be brave?

1. **Dad goes first.** Tell a real one: "My first day at a new job, I was nervous."
2. **Kid goes second.** Tell a time you felt scared, and what you did.

DAD JOKE OF THE DAY

Why did the scarecrow get a prize?

He was outstanding in his field!

Kid(s): _____ Dad: _____ Date: _____

Wise Words: *"It is difficulties that show what men are."* — Epictetus