Daily Dad GRATITUDE

Ages 3–5

A DAILY DOSE OF DADDY

DOSE 5 OF 365

How do you feel today? Circle yours · Dad ★ yours

Look for good things. Say thanks!

Thank-you hunt! (walk around with Dad. Find it, check it, say "Thank you!")

- ☐ Someone who loves you
- ☐ Something soft
- ☐ Something yummy
- ☐ Something to drink
- ☐ Something that shines
- ☐ Your cozy bed

Draw your favorite find

☆ Star it if it's a keeper!

Thank-you words (say them with Dad!)

- "Thank you!"
- "I love you!"
- Big hug
- High five!
- "Thanks for helping!"
- My idea:

LET'S TALK: What is one thing you love to have?

1. **Dad goes first.** Say: "I'm thankful for you!"
2. **Kid goes second.** Say one thing you're thankful for.

DAD JOKE OF THE DAY What do you call a sleepy bull?

A bulldozer!

Kid(s): _____ Dad: _____ Date: _____

Wise Words: *Think about what you have, not what you don't have.* — Marcus Aurelius