

Daily Dad

A DAILY DOSE OF DADDY

PATIENCE

Ages 6–8

DOSE 6 OF 365

How do you feel today? Circle yours · Dad ★ yours



Good things take time, so we can wait.

Mini science: grow a bean (Dad handles the bean. Beans can be a choking risk for little ones.)



Wet a paper towel →



Slide it in a zip bag →



Tuck in a dry bean →



Tape it to a sunny window

Guess! How many days until your bean sprouts? Write your guess: _____ days. Check it each morning.

Bean log (draw what you see)

Today	In 3 days	In a week



LET'S TALK: What's something worth waiting for?

1. **Dad goes first.** Tell a real one: "Saving up for our trip took a long time."
2. **Kid goes second.** Share yours. How did you wait?

DAD JOKE OF THE DAY



What did the big flower say to the little one?

¡pnq 'ıH

Kid(s): _____ **Dad:** _____ **Date:** _____

Wise Words: *"Nothing great comes into being all at once"* — Epictetus