

# Daily Dad

A DAILY DOSE OF DADDY

## PATIENCE

**Ages 9–12**

DOSE 6 OF 365

**How do you feel today?** Circle yours · Dad ★ yours



# Big things grow slowly. Keep going.

## Mini science: grow a bean (set it up in 10 minutes, then check it each day)

Wet a paper towel → Slide it in a zip bag → Tuck in a dry bean → Tape it to a sunny window

**Did you know?** Many oak trees don't make their first acorns until they are about 20 years old.

### Bean log

| When | What I see | Root or sprout length |
|---|---|---|
| Today | | |
| In 2 days | | |
| In 4 days | | |
| In a week | | |

### Slow and steady

I want this now: _____

Why it takes time: _____

One small step: _____

**LET'S TALK: What are you working on that takes time?**

1. **Dad goes first.** Go first: "Learning guitar. It took me years."
2. **Kid goes second.** Share yours and your next small step.

**DAD JOKE OF THE DAY**

Why did the tomato blush?

It saw the salad dressing!

Kid(s): _____ Dad: _____ Date: _____

**Wise Words:** *"Nothing great comes into being all at once"* — Epictetus